
SHABBATON SCHEDULE

Friday Night:

- 7:00 Arrive in Chabad House (if you'd like, you can have them arrive earlier and do a candle making craft with them, and they can light those candles for Shabbos or take those home and light different ones.)
- 7:10 Familiarity Quiz: Give each girl a question paper with about 15 personal questions, like favorite food, bedtime, most scared of, most annoyed by, what makes them happy, hobby, how many times they've flown on a plane etc. They each fill in their sheet, give it in to you and throughout the Shabbaton, like in between courses of meal, in between games, etc. you'll pick out a few papers, read all the answers out loud and everyone has to guess who it is.
- 7:45 Light candles – prepare the girls by telling them that it's an opportune moment...
- 7:50 Introduce No-Say-No Game: each girls gets a pretty gemstone necklace (dollar store) and if they say the word no, whoever hears it, takes it away. Whoever has the most necklaces at the end of Shabbos is the winner.
- Introduce Gotcha Game: Each girl gets a name of someone on the Shabbaton. If Ruth got the name Sara, Ruth has to try to get Sara in a room by herself, close the door and she's caught. If Sara had Natalya, Ruth now has to try to corner Natalya. It sets a really fun atmosphere, everyone's scared to go anywhere by themselves - great guarantee that nobody will run away from the table, because they'll risk getting "caught".
- 8:00 Daven and Sing Shabbat Songs, for example, "It was after the meal on Friday night," "I used to think my mother was the Shabbos queen," etc.
- 8:30 Shabbos Meal: Have small place cards at each place, titled "Chicken soup for the soul." You can use short messages from "Bringing heaven down to earth" or the book "Chicken Soup for the Neshama". Also, on each chair, there should be an itinerary for the shabbaton and a songbook.
- First Course: Story by the head counselor
 Second Course: Dvar Torah by the Rabbi
 Main Course: Everyone say something
- 10:30 The Night Begins (Game directions page 196)
1. Family Feud
 2. Seat to Seat
 3. Babble-on
 4. If & Then
 5. Concentration – face
 6. Electric Shock